



Medication Restriction List

Certain medications can adversely affect allergy skin tests. These include, but not limited to, certain eye drops and nasal sprays. If you are unsure which medications to avoid, do not hesitate to contact the Allergy Department.

The following is a list of medication that must be STOPPED TEN DAYS before skin testing:

Actifed	Adapin	Advil Allergy	Advil PM
Ah-Chew	Alavert	Alaway	Allegra
Allerhist	Allertan	Allerx	amitriptyline
Anafranil	Anitvert	Asendin	Astelin (nasal spray)
Astepro (nasal spray)	Atarax	Atrohist	Aventyl
BC Cold	Benadryl	Bentyl	benztropine
Biohist	Bonine	Bromfed	brompheniramine
carbinoxamine	cetirizine	chlorpheniramine	Chlortrimeton
Clarinex	Claritin	Clemastine	clomipramine
Cogentin	Comtrex	Contac	Coricidin
cyproheptadine	Deconamine	Desipramine	Dimetapp
diphenhydramine	doxepin	Dramamine	Drixoral
Durahist	Duratan	Duravent	Dytan
Dymista	Elastat	Elavil	epinastine
Etrafon	Excedrin PM	Extendryl	fexofenadine
hydroxyzine	imipramine	ketotofen	Limbitrol
Lodrane	loratadine	Ludiomil	Marezine
meclizine	Norpramin	nortriptyline	Nyquil
olopatadine	Optivar	Pamelor	Pataday
Patanol	Pediicare	Pediatan	Periactin
Phenergan	Pheniramine	Polyhistine	promethazine
protriptyline	Pyribenzamine	Remeron	Rescon
risperidone	Risperdal	Robitussin Cough, Cold, & Allergy	Rondec
Rutuss	Ryna	Rynatan	Ryneze
Semprex	Seroquel	Sinequan	Singlet
Sominex	Sudafed Cold&Allergy	Surmontil	Tacaryl
Tandur	Tavist	Temaril	Theraflu
Tofranil	Triaminic	Triavil	trimipramine
Trinalin	Tylenol Allergy	Tylenol Cold	Tylenol PM
Unisom	Vicks	Vivactil	Xyzal
Zaditor	Zonolon	Zyrtec	

The following is a list of gastrointestinal (GI) medications that must be STOPPED TWO DAYS before skin testing:

Axid	cimetidine	famotidine	nizatidine
Pepcid	ranitidine	Tagame	Zantac

DO NOT stop taking your asthma medication. Asthma medications do not affect skin testing.

DO NOT discontinue antidepressants/psychotropic medications without consulting the prescribing physician.

OKAY to continue: Flonase, guaifenesin, Nasocort, Nasonex, prednisone, Rhinocort, Veramyst.